



Leena Kurishingal

LEENA KURISHINGAL

SAG-AFTRA

(630) 561-1456

leenakurishingal@gmail.com

TV [SELECT]

General Hospital
Chicago Fire/ Chicago PD
Quantum Leap (Reboot)
Gaslit
Get Shorty
APB

Recurring
Recurring
Co-Star
Co-Star
Co-Star
Co-Star

ABC - Xavier/ Keller
NBC - Chappelle/ Tinker
NBC – Deborah Pratt
STARZ - Matt Ross
EPIX - So Yong Kim
FOX - Matt Earl Beesley

FILM [SELECT]

Promise Land
The Long December
Albert *
The Year Between **
Hope Springs Eternal

Lead
Lead
Lead
Supporting
Supporting

Nequa Studios
Jiang Hu Prod.
Alonzo Alcaraz Films
Level Forward/ Full Spectrum
Samuel Goldwyn Pictures

COMEDY [SELECT]

The Diversity Show/ Sketch Showdown/ Rush Hour
D & I: YouWork
India & You
SkeDJes
Chicago Sketch Comedy Fest
Black Women In Comedy Fest

Improv/ Sketch/ Characters
Sketch
Creator/ Producer/ Host
Sketch
Sketch
Sketch/ Characters

UCB Mainstage (LA)
Comedy Central Stage
The Pack Theater
YouTube/ online
The Artist's Lab/ Stage 773
Tao Comedy Studio

THEATRE [SELECT]

Carroll Gardens / **AEA +**
Madness Of Edgar Allan Poe: A Love Story / **AEA**
The Who & The What ++
Twilight: Los Angeles, 1992
Short+Sweet Hollywood

Deepti REPLACE/ 7
Ligeia & Luciana
Zarina U/S
Principal #6
Brianna

16th Street - Ann Filmer
First Folio - Alison C. Vesely
Victory Gardens - Ron OJ Parson
Other Theatre Co. - Jason Gerace
Stella Adler - Yeni Alvarez

* **CLFF – Audience Choice** ** **CIFF – Audience Award** + **World Premiere** ++ **Midwest Premiere**

TRAINING

Columbia College
UCLA Extension
Green Shirt Studio

Bachelor of Arts
Phyllis Gebauer Scholarship
2YR Program

FILM/ VIDEO
TV WRITING
MEISNER, LINKLATER, FELDENKRAIS, SUZUKI,
SHAKESPEARE

Upright Citizens Brigade

Diversity Scholarship Recipient

IMPROV [101-301], SKETCH 101, CHARACTER 101

Second City Chicago
Pack Theater

SITCOM 101, 201, IMPROV 1, 2, SCENIC
SKETCH 1, 2, SITCOM WRITING

Montelione/ Stoltenberg/ Sukow/ Griggs
Gina Ippolito/ Keisha Zollar/ Charla Lauriston

The Archibald Studio

SCENE STUDY

Craig Archibald

The Green Room

TV/ COMMERCIAL 1, 2, 3

Sean Bradley/ David Murphy

BGB Studio

AUDITION LAB

James Eckhouse

Acting Studio Chicago

COLD READING

Adrianne Cury

VO Intensives

COMMERCIAL, ANIMATION

Keri Tombazian/ Charlie Adler

SKILLS

MOVEMENT: Prof. Polynesian (Hula) Dance, Poi & Implements, Yoga

ABILITIES: Basic Spanish, Malayalam Comprehension, Italian Profanity, Viola, Bartending, Bookkeeping,
Good w/ Dogs & Plants, Ear & Teleprompter Proficient, Valid Passport

DIALECTS: Indian, British, Middle Eastern, Russian, Latin American, Southern, Brooklyn

LEENA KURISHINGAL

E: leenakurishinal@gmail.com

*Dedicated and congenial, always bringing the best of corporate and creative to enhance your project.
Quirky laugh included.*

SKILLS & TRAINING

- Columbia College Chicago – B. A. Film/ Video, Dean's List
- UCLA Extension (Phyllis Gebauer Scholarship) – TV Writing
- WAVE Grant Recipient – Production Mentorship
- Pack Theater – Sitcom Pilot Writing I, II, Topical Sketch – Keisha Zollar, Andrew Kimler
- Green Shirt Studio – Short Play Writing, Meisner Acting Program, Linklater, Suzuki, Shakespeare
- UCB LA (5x Scholarship Recipient) & Second City Chicago – Improv, Sketch Writing, Characters
- DAF/ The Onion, The Reductress (selected participant) – Satire Headline Workshops
- Entertainment Business School (EBS) – Above The Line Industry Training
- Storytelling – Lance Anderson

- Microsoft Office, Google Drive, Final Draft, QuickBooks, DaVinci Resolve, Lightworks, Audacity, Basic Spanish, Malayalam Comprehension, Plant Whispering (conversational)

EXPERIENCE

FREELANCE WRITING/ INDIE PRODUCTION [2008 – current]

- INDIA & YOU – *Writer/ Creator/ Director/ Producer/ Performer/ Host*
1 Hr Stage Sketch Variety Show featuring scripted sketches, themed improv, & audience participation
- FOX DIGITAL BITE SIZE HORROR SHORTS – *Writing/ Pitch Semi-Finalist*
(4) Micro-Short Film Pitches prepared and co-presented to FOX Digital VP & team for consideration
- L.A. FEMALE PLAYWRIGHTS INITIATIVE, TARTLE AT THE DUKE – *Writer/ Performer*
Comedic Writing selected and performed virtually in 2020 & 2021
- SKEDJES SKETCH COMEDY – *Writer/ Director/ Producer*
Online Videos, vimeo.com/lkurishinal
- SOUL SISTA COMEDY – *Writer/ Performer*
Improv, Character Monologues, Sketch - UCB Mainstage, Comedy Central Stage, Tao Comedy, BWIC Fest
- THE LONG DECEMBER, FAST ZOMBIES WITH GUNS – *Producer/ Assistant Director/ Performer*
Feature Films, Jiang Hu Productions
- 'STRANGER DANGER' – *Writer/ Director*
Educational Training Video, Plan V Productions
- WELL DRESSED LIE, CODEPENDENTE – *Script Consultant*
Short Films, Secret Society Ent. & ILCA Andrade Productions

LIFE EXPERIENCE

Professional Stage, TV, Film, VO, Sketch & Improv performer – 15+ years

Professional Hula dancer – 10 years

Professional Midwesterner – long enough to say ChiCAHgo and dream of giardinera
