



Leena Kurishingal

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SAG-AFTRA

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REEL: resumes.actorsaccess.com/leenakurishingal

TV [SELECT]

General Hospital	RECURRING	ABC - Xavier/ Keller
Chicago Fire/ Chicago PD	RECURRING	NBC - Chappelle/ Tinker
Gaslit	Co-Star	STARZ - Matt Ross
Get Shorty	Co-Star	EPIX - So Yong Kim
APB	Co-Star	FOX - Matt Earl Beesley
Giant Beast That Is The Global Economy	Co-Star	AMAZON - Adam McKay
Tomb Raider (Anime)	Elvan Kaya	NETFLIX - Legendary Television

FILM [SELECT]

Promise Land	Lead	Nequa Studios
The Long December	Lead	Jiang Hu Prod.
Albert *	Lead	Alonzo Alcaraz Films
The Year Between	Supporting	Level Forward/ Full Spectrum
Hope Springs Eternal	Supporting	Samuel Goldwyn Pictures

COMEDY [SELECT]

The Diversity Show - Sketch Showdown - Rush Hour	Improv/ Sketch/ Characters	UCB Mainstage
D & I: YouWork	Sketch	Comedy Central Stage
India & You	Creator/ Producer/ Host	The Pack Theatre
Black Women In Comedy Fest	Sketch/ Characters	Tao Comedy Studio
Chicago Sketch Comedy Fest	Sketch/ Artist Lab	Stage 773

THEATRE [SELECT]

Carroll Gardens ** / AEA	Deepti REPLACE/ 7	16 th Street - Ann Filmer
Madness Of Edgar Allan Poe: A Love Story / AEA	Ligeia & Luciana	First Folio - Alison C. Vesely
The Who & The What ***	Zarina U/S	Victory Gardens - Ron OJ Parson
Twilight: Los Angeles, 1992	Principal #6	Other Theatre Co. - Jason Gerace
Short+Sweet Hollywood	Brianna	Stella Adler - Yeni Alvarez

* Chicago Latino Film Festival Winner

** World Premiere

*** Midwest Premiere

TRAINING

Columbia College	Bachelor of Arts	Film/Video
Green Shirt Studio	2YR Program	Meisner, Linklater, Feldenkrais, Suzuki, Shakespeare
Upright Citizens Brigade	UCB Diversity Scholarship Recipient	Improv [101- 301], Sketch 101, Character 101
ABC Discovers Workshop	(LA) Selected Participant - Comedy	
Second City Chicago	SITCOM 101, 201, IMPROV 1, 2, SCENIC	Montelione/ Stoltenberg/ Sukow/ Griggs
Pack Theater	½ HR SITCOM, SKETCH 1, 2	Charla Lauriston/ Gina Ippolito/ Keisha Zollar
Archibald Studio (LA)	ON CAMERA	Craig Archibald
TVI	ON CAMERA DAYTIME	Mark Teschner
The Green Room	TV/ COMMERCIAL 1, 2, 3	Sean Bradley/ David Murphy
BGB Studio	AUDITION LAB	James Eckhouse
Acting Studio Chicago	COLD READING	Adrienne Cury

SKILLS

MOVEMENT: Prof. Polynesian (Hula) Dance, Poi & Implements, Yoga

ABILITIES: Basic Spanish, Malayalam Comprehension, Italian Profanity, Viola, Bartending, Bookkeeping, Good w/Dogs & Plants, Ear & Teleprompter Proficient, Valid Passport

DIALECTS: Indian, British, Middle Eastern, Russian, Latin American, Southern, Brooklyn

LEENA KURISHINGAL

LOS ANGELES/ CHICAGO

E: leenakurishinal@gmail.com

A former Midwestern-Catholic-Desi-Hula Dancer, now LA transplant. With 16 years stage and on-camera performance experience, my writing highlights character, allowing for poignant storytelling.

TRAINING

- ◆ COLUMBIA COLLEGE CHICAGO [Bachelor of Arts, Film/ Video]
- ◆ UCB LA/ SECOND CITY [Improv, Character, & Sketch Writing]
- ◆ PACK THEATER [Sketch & Topical Sketch – Gina Ippolito, Keisha Zollar]
- ◆ PILOT WRITING/ REWRITE [Keisha Zollar, Andrew Kimler, Charla Lauriston, Pilar Alessandra]
- ◆ GREEN SHIRT STUDIO [Short Play Writing, Monologue/ Stand Up Workshops]
- ◆ DAF/ THE ONION, THE REDUCTRESS [Satire Headlines Workshops]
- ◆ STORYTELLING [Lance Anderson]

EXPERIENCE

- ◆ WRITING/ PITCH FINALIST – FOX Digital Bite Size Horror Shorts
- ◆ WRITING SELECTIONS – LA Female Playwrights Initiative, Tartle At The Duke
- ◆ WRITER/ CREATOR/ PRODUCER – *India & You*, 1hr India Themed Stage Sketch Variety Show
- ◆ CHARACTERS/ SKETCH WRITER – Soul Sista: UCB Mainstage, Comedy Central Stage, The Pack, Tao Comedy/ DJs' SkeDjes: YouTube Sketches
- ◆ SCRIPT CONSULTING – “Deceitful Measures”, “Codependent”, Short Films

LIFE EXPERIENCE

Professional Stage, TV, Film, Sketch & Improv performer – 15+ years

Professional Hula dancer – 10 years

Professional Midwesterner – long enough to say ChiCAHgo and dream of giardinera

*SAMPLES AVAILABLE

Free Falling – ½ Hour Pilot (Comedy)

Level Up – ½ Hour Pilot (Comedy)

Here/ There – Short Play (Drama)

Sketch Packet Compilation – (Comedy)
